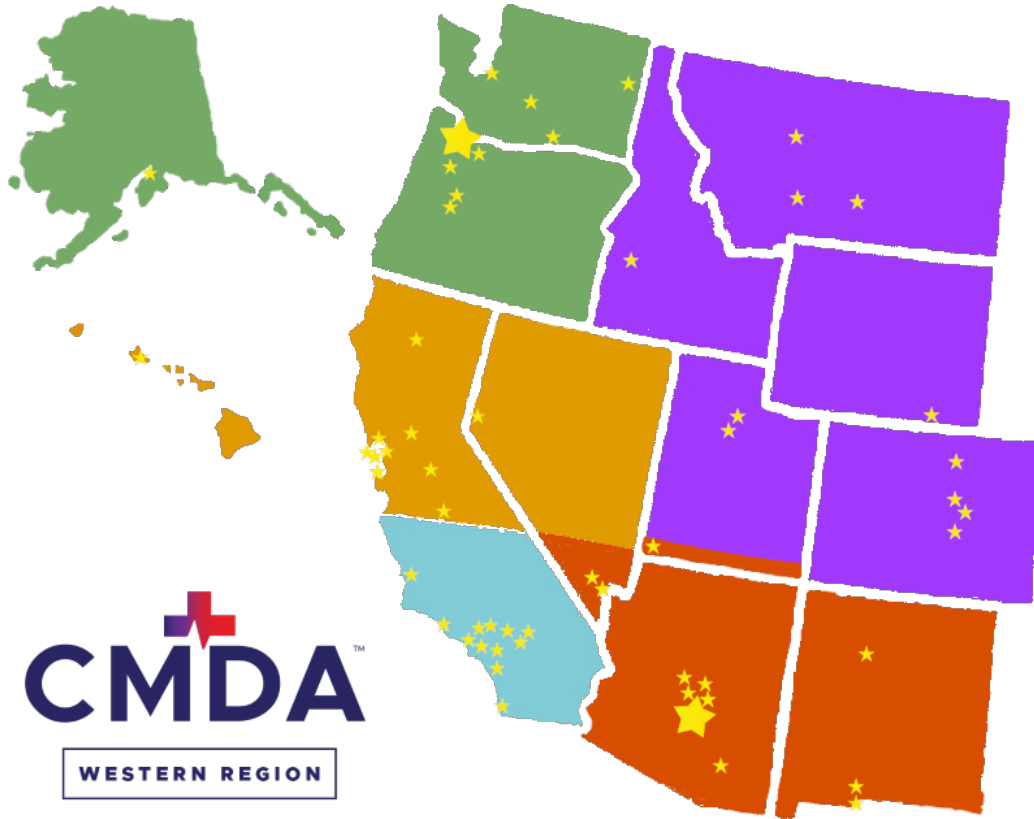




WESTERN REGION

ANNUAL REPORT

--Compiled for the 2024 CMDA National Convention--



*Each star represents an area with local CMDA activity (either professional “community” chapters or student chapters). Larger stars indicate the presence of CMDA staff.

CMDA AREA STAFF & LEADERS IN THE WEST

Michael McLaughlin, MDiv serves as the part-time Pacific Northwest Area Director (OR/WA), since 2022. He previously served for 38 years as the Western Regional Director. michael.mclaughlin@cmda.org

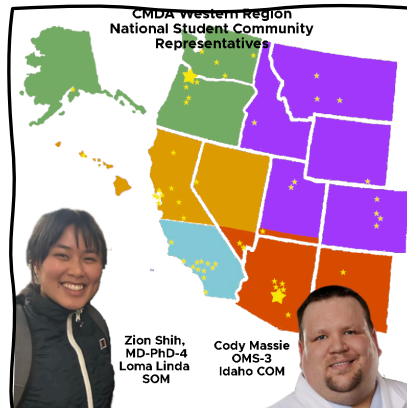
Bryan Stoudt, MDiv is our part-time Phoenix Area Director, since 2020. stoudtb@gmail.com

REGIONAL DENTAL COORDINATOR: Malieka Johnson, DDS
SIDE BY SIDE REGIONAL COORDINATOR: Lindsay Ilgenfritz

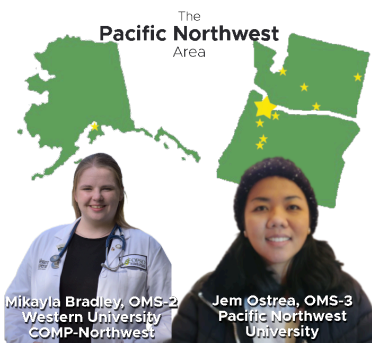
STATE REPRESENTATIVES

- Alaska – **George Stewart, MD**
 - Arizona – **vacant**
 - California – **Paul Holtom, MD**
 - Colorado – **Don Helfer, MD**
 - Hawaii – **Bill Fong, MD***
 - Idaho – **Larry Banta, MD**
 - Montana – **Sam Reck, MD**
 - New Mexico – **Judy Voelz, MD**
 - Nevada – **vacant**
 - Oregon – **Brick Lantz, MD***
 - Utah – **vacant**
 - Washington – **Kevin Taylor, MD**
 - Wyoming – **Jennifer Blades-Graham, MD**
- * **needing to phase out**

NATIONAL STUDENT REPRESENTATIVES FOR OUR REGION:



STUDENT AREA LEADERS IN OUR REGION:



REGION BY THE NUMBERS

Over **4,000** CMDA members (and many more who are connected with us!) in this **13 state Western Region** (*Alaska, Arizona, California, Colorado, Hawaii, Idaho, Montana, New Mexico, Nevada, Oregon, Utah, Washington, and Wyoming*).

- **52 graduate schools with an active CMDA ministry**
- **190 + Student Leaders. 65+ Faculty/Campus Advisors**
- **8 Side-By-Side chapters**
- **Over 4,000+ active members:**
 - 2455 physicians/dentists**
 - 605 residents**
 - 438 other healthcare professionals**
 - 526 students**
- **11 Community Chapters [Professional/Grad]**
(meet at least 2x/year and have a constitution on file with CMDA)

NEW CMDA STUDENT CHAPTERS THIS SCHOOL YEAR!

- Rocky Vista College of Osteopathic Medicine in *Billings, MT*
- Touro University in *Great Falls, MT*

CMDA COMMUNITY (GRAD) CHAPTERS

(re-) Newed Chapters this past year:

- Albuquerque
- Denver

Current Active Chapters (meet 2x/year and have a Constitution on file with CMDA)

- **Phoenix**, AZ CMDA Community Chapter
- **Albuquerque**, NM CMDA Community Ministry
- **Colorado Springs**, CO CMDA Community Chapter
- **Denver**, CO, CMDA Community Chapter
- **Fresno**, CA CMDA Community Chapter
- **Redding**, CA CMDA Community Chapter
- **Sacramento**, CA CMDA Community Chapter
- **Portland**, OR CMDA Community Chapter
- **Inland Pacific** Northwest CMDA Community Chapter (Pasco, Kennewick, Richland, WA)
- **Yakima**, WA CMDA Community Chapter
- **Ventura**, CA CMDA Community Chapter

On the Cusp Chapters (have met in the last year but need at least three designated champions)

- Boise
- Orange County
- San Diego
- Billings

On the Horizon Chapters (we have CMDA members there but there has not been a gathering in some time, or ever)

- Bay Area
- Cheyenne
- Honolulu
- Inland Empire
- Pasadena
- Reno
- St. George
- Vegas

EVENTS/ACTIVITIES

Western Region Student Leader Forums – These forums offer Student Leaders focused training with high-level presenters, as well as open up “idea forums” where they can exchange thoughts across the Western Region campuses. This is an ideal time to discuss challenges they are facing as leaders. These quarterly workshops were designed to provide solutions, resource ideas, and help students know they are not alone as leaders in their respective areas.

Campus Advisor Monthly Gathering – All of our student/campus CMDA chapters have a faculty advisor which help support and guide the students to varying degrees. Laurie Tam, Hawaii SOM, leads this gathering Sep-May for all Campus Advisors to attend and exchange idea, discuss challenges, and get encouragement. We have also instituted semi-annual national Campus Advisor forums with outside speakers on a relevant topic.

Cannon Beach Winter Retreat – > 150 attended in January, 2024

Next Year will be Jan. 23-26, 2025

Spring Canyon Summer Medical Week in Buena Vista, CO, July 26 to Aug 2, 2024

Remedy Healthcare on Mission + Street Medicine Experience – ~50 attended fall of '23 event on Oct. 21, 2023

Next Remedy will be Oct. 17-18, 2025

Augustine College West Coast event in Malibu, CA, Oct. 20-25

Augustine College West Coast –The Intellectual Roots of Medicine: Whose Evidence? Which Medicine? Beyond Evidence Based Medicine.